

### Ways to help your child settle in the Nursery

- Your child will be excited about coming to the Nursery, but may find some things difficult when they arrive.
- They may find mixing with other children challenging.
- They may be worried about using the toilet, having to hang up their coat, put their coat on, take it off.
- They may find it difficult leaving parents or want parents to stay with them.

### What can you do to help?

- Help your child to understand that they will be going to Nursery every day.
- Even if you are worried about your child settling happily, try to keep these worries to yourself.
- Reassure your child that they will enjoy Nursery.
- Reassure your child that you will be back to pick them up.
- Try to leave when you say you will, hanging around for longer can make your child more anxious.
- **Always** collect your child on time.
- Be reassured that most children will stop crying within a few minutes of you leaving.

### What can we do to help?

- You and your child will have caring staff who will be interested in making sure your child settles with little disruption. They will be assigned a key person to work closely with them and you.
- Your child's key person will work with you to make the transition process as smooth as possible.
- Staff will be aware of your child's interests.
- Staff will monitor your child closely and keep you informed of any issues.
- Staff will work closely with your child, to ensure their individual needs are being met.

### What more can we do to help?

Please let us know if you have any worries about your child so that we can work together to address these.

